



JOYFUL OM YOGA

New class!

Saturday Morning Community Class
(That means **FREE!**)

Every Saturday beginning August 6th 9-10a.m.

Class will be held at 54 East Oakland Ave, the Advance
Medical Solutions building
(second floor)

All levels welcome! Please bring a yoga mat



Come Feel,
Come Breathe,
Come Flow into
your wholeness
with Vinyasa Teacher,
Laura Beth Halter

Please contact Laura Beth Halter @ lb.halter@gmail.com
or (267)221-4175 with any and all questions.

